

# Fresh pickings

A taster of what we will be eating and drinking this month



## Indulge in this

Vallebona's Italian cheeses are a step up from supermarket options, with offerings such as taleggio matured in mountain caves, and creamy pecorino presented with a pot of truffle honey. The 3.5kg cheeseboard for 50 people is ideal for parties. £230; vallebona.co.uk

## Drink this

Mezcal is shaping up to be the drink of the season. We're particularly enjoying Amores 100% Espadin Agave Mezcal — sip it at room temperature, with a slice of orange. £48/750ml; teandtequilatrading.com



PHOTOGRAPHS: MARCUS DAVIES; ISSY CROKER; POSTOFFICEHOLIDAY.CO.UK/TRAVEL-BAROMETER



## Picnic with this

Anthropologie's Aperta dinner set will add a splash of colour to your summer table settings. These versatile melamine plates are perfect for picnics or barbecues. £8 each; anthropologie.com

**Newsflash** In a Post Office survey, Sunny Beach, in Bulgaria, has been named Europe's **best-value** holiday destination, where a two-course lunch for two costs £7, against a **European** average of £17



## ▲ Eat this

Chocolate & Love's Fairtrade bars taste even better than they look. Choose from seven flavours, including orange, mint, caramel and coffee. £2.99/100g; ocado.com



## ▲ Open this

The Jose Gourmet range of tinned fish is a far cry from pilchards. Try trout, mackerel or octopus and serve with salad. From £4.50; aportuguese loveaffair.co.uk



## ▲ Book this

Sam and Sam Clark's third restaurant, Morito, opens this month, bringing their Moorish-style dishes to east London. Head there for tapas lunch and dinners and Moroccan breads. 195 Hackney Road, London E2